

One who either can or is:

1. Pay bills and manage finances
2. Understand and follow instructions from health care providers:
  - a. Take medication as instructed
  - b. Schedule and keep appointments
  - c. Carry out specific self-care instructions
3. Ambulatory
4. Respond properly to fire alarms (distinguish and understand difference between general building alarm and individual apartment alarm)
5. Prepare, or arrange for provision, of adequate nutrition
6. Use appliances correctly and safely
7. Maintain personal hygiene unassisted (baths, showers, hair, clothing)
8. Maintain apartment in manner that is not offensive to others (sanitation, sounds)
9. Buy or arrange for purchase of groceries and food
10. Provide own transportation or make arrangements for its provision
11. Dress appropriately for the season or weather (protection, not style)
12. Read, understand, and follow instructions, notices, bulletins, warnings
13. Use telephone properly
14. Understand how to use Silent Knight emergency alarm properly
15. Evacuate apartment and follow the proper procedure in doing so, in case of emergency or fire

16. Activate fire alarm appropriately
17. Take proper care of a pet without outside assistance
18. Conduct activities of daily living (ADLs) without regular, continuing assistance:
  - a. Eating
  - b. Dressing
  - c. Bathing
  - d. Using toilet
  - e. Maintaining continence
  - f. Walking
  - g. Getting into and out of bed
19. Free of communicable disease
20. Free of diagnosis of mental illness
21. Free of diagnosis of mental retardation